

Week One Menu

Served weeks commencing:



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Spanish Chicken Served with Rice, Carrots & Peas	Beef Mince Pasta Served with Sweetcorn & Broccoli	Roast Chicken Served with Roast Potatoes, Green Beans, Carrots & Gravy	Pork Sausages Served with Mash, Sweetcorn, Cauliflower & Gravy	Fish Fingers Served with Chips Beans, Peas & Tomato Ketchup
VEGETARIAN	Fish & Potato wedges served with carrots and Peas	Macaroni Cheese Served Warm Baguette Sweetcorn & Broccoli	Roast Quorn Fillet with Roast Potatoes, Green Beans, Carrots & Gravy	Vegetarian Sausage Served with Sweetcorn, Cauliflower & Gravy	Cheese & Tomato Pizza Served with Chips Beans & Peas
JACKET POTATO / PASTA DISH	Pasta with Tomato & Basil or Cheese sauce Jacket Potato With Tuna Mayonnaise/ Cheese/ Baked Beans	Pasta with Tomato & Basil or Cheese sauce Jacket Potato With Tuna Mayonnaise/ Cheese/ Baked Beans	Pasta with Tomato & Basil or Cheese sauce Jacket Potato With Tuna Mayonnaise/ Cheese/ Baked Beans	Pasta with Tomato & Basil or Cheese sauce Jacket Potato With Tuna Mayonnaise/ Cheese/ Baked Beans	Pasta with Tomato & Basil or Cheese sauce Jacket Potato With Tuna Mayonnaise/ Cheese/ Baked Beans
SANDWICH	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise	Baguette with your choice of filling Ham / Cheese / Tuna Mayonnaise	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise	Baguette with your choice of filling Ham / Cheese / Tuna Mayonnaise
DESSERTS	Oaty Cinnamon Cookie & Custard With Apple Slices	Iced Sponge & Custard	Vanilla Ice-Cream with Fresh Fruit	Shortbread & Custard Apple Slices	Fruity Friday

AVAILABLE DAILY:

Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

